

Lampiran 1. Hasil Determinasi Tanaman Kubis Putih



KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI
UNIVERSITAS DIPONEGORO
FAKULTAS SAINS DAN MATEMATIKA
LABORATORIUM EKOLOGI DAN BIOSISTEMATIKA DEPARTEMEN BIOLOGI
Jl. Prof. H. Soedarto SH Tembalang Semarang, 024 7474754. 024 76480923

HASIL DETERMINASI / IDENTIFIKASI

KLASIFIKASI

Kingdom : Plantae
Divisi : Spermatophyta
Sub Divisi : Angiospermae
Class : Dicotyledoneae
Ordo : Brassicales
Famili : Brassicaceae / Cruciferae
Genus : *Brassica*
Species : *Brassica oleracea* var. *capitata alba*. (Kubis Cuciwis)

DESKRIPSI

1b, 2b, 3b, 4b, 12b, 13b, 14b, 17b, 18b, 19b, 20b, 21b, 22b, 23b, 24b, 25b, 26b, 27b, 799b, 800b, 801b, 802a, 803b, 804b, 805c, 806b, 807b, 809b, 810b, 811a, 812b, 815b, 816b, 818b, 820b, 821b, 822b, 824b, 825b, 826b, 829b, 830b, 831b, 832b, 833b, 834a, 835a, 836a, 837c, 851a, 852b, 853b, 854a, 855c, 856b, 857a, 858a, 859c, 860b, 872b, 874b, 875b, 876b, 877c, 916a, 917a, 918b, 919b, Famili 32 : Brassicaceae 1b, 6b, 7b, 10a, Genus 3. *Brassica*. 1b Species : *Brassica oleracea* L. var *capitata alba* (Kubis Cuciwis).

DESKRIPSI

Cuciwis merupakan varian dari Kubis atau kol, merupakan tanaman sayur famili Brassicaceae berupa tumbuhan berbatang lunak yang dikenal sejak lama dan merupakan tanaman yang dikenal di masyarakat umum. Mulanya kubis merupakan tanaman pengganggu (gulma) yang tumbuh liar disepanjang pantai laut Tengah, di karang-karang pantai Inggris, Denmark dan pantai Barat Prancis sebelah Utara. Kubis mulai ditanam di kebun-kebun Eropa kira-kira abad ke 9 dan dibawa ke Amerika oleh emigran Eropa serta ke Indonesia abad ke 16 atau 17.

PUSTAKA :

Backer and van den Brink (1968) Flora of Java, Vol. I – III, Wolters – Noordhoff NV – Groningen – The Netherlands.
Van Steenis, CGGJ. (1985) Flora untuk sekolah di Indonesia, terjemahan Moesa Suryowinoto, dkk) PT. Pradnya Paramita Jakarta Pusat.

Lampiran 1. Lanjutan...



KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI
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Lampiran 1. Lanjutan...



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SURAT KETERANGAN

Yang bertanda tangan dibawah ini, menyatakan bahwa mahasiswa sbb :

Nama	: ELSA SETYASIH
NIM	: 135010947
Fakultas / Prodi	: FARMASI
Perguruan Tinggi	: UNIVERSITAS WAHID HASYIM SEMARANG
Judul Skripsi	: "Pengaruh Suhu dan Lama Penyimpanan terhadap Kadar Flavonoid dalam Ekstak <i>Brassica oleracea</i> Var. <i>capitata</i> <i>alba</i> dan Aktivitas Antioksidannya dengan Metode DPPH"
Pembimbing	: -

Telah melakukan determinasi / identifikasi sampel tumbuhan (satu jenis) di Laboratorium Ekologi dan Biosistemati Departemen Biologi Fakultas Sains dan Matematika Universitas Diponegoro. Hasil determinasi / identifikasi terlampir.

Demikian Surat Keterangan ini dibuat untuk dapat digunakan seperlunya.

Semarang, Juli 2017

Laboratorium Ekologi Dan Biosistemati



Dr. Mochamad Hadi, M.Si.

NIP. 196001081987031002

Lampiran 2. Surat Keterangan telah Melakukan Penelitian di Laboratorium Kimia Fakultas Farmasi Universitas Wahid Hasyim Semarang



**UNIVERSITAS WAHID HASYIM
FAKULTAS FARMASI
BAGIAN KIMIA FARMASI**

Jl. Menoreh Tengah X / 22 Sampangan – Semarang 50236 Telp. (024) 8505680 – 8505681 fax. (024) 8505680

SURAT KETERANGAN

No. 001 / C.05/UWH/I/ 2018

Assalamu'alaikum Wr. Wb.

Yang bertanda tangan dibawah ini, Kepala Bagian Kimia Farmasi Fakultas Farmasi Universitas Wahid Hasyim Semarang menerangkan bahwa :

Nama : Elsa Setyasih
NIM : 135010947
Fak/ Univ/ Sekolah : Farmasi / Universitas Wahid Hasyim

Telah melakukan Penelitian menggunakan Spektrofotometer UV-Vis di Laboratorium Kimia Analisa, Fakultas Farmasi Universitas Wahid Hasyim Semarang, dengan judul penelitian :
“Pengaruh Suhu dan Lama Penyimpanan Terhadap Kadar Flavonoid Total dan Aktivitas Antioksidan Ekstrak Etanol Kubis Putih (*Brassica oleracea* var. *Capitata alba*)”

Demikian surat keterangan ini dibuat untuk dipergunakan semestinya.

Wassalamu'alaikum Wr. Wb.

Semarang, Januari 2018

Ka. Bag Kimia Farmasi

Maria Ulfah, M.Sc, Apt

Lampiran 3. Surat Keterangan telah Melakukan Penelitian di Laboratorium Teknologi Pangan Fakultas Teknologi Pertanian Universitas Katholik Soegijapranata

Fakultas Teknologi Pertanian
Program Studi Teknologi Pangan
 Jl. Pawiyatan Luhur IV/1 Benda Duwur Semarang 50234
 Telp. (024) 8441555, 8505003(hunting) Fax. (024) 8415429 - 8445265
 e-mail: unika@unika.ac.id http://www.unika.ac.id



Nomor : 67/ /H.5/FTP-CFA/IX/2017

6 September 2017

Lampiran : 1 lembar

Perihal : Hasil analisa

Kepada Yth.

Dekan

Fakultas Farmasi

Universitas Wahid Hasyim

Di Semarang

Dengan hormat,

Bersama surat ini kami beritahukan bahwa Mahasiswa atas nama Elsa Setyasih (NIM : 135010947) telah melakukan proses ekstraksi dengan menggunakan *rotary evaporator* pada sampel Kubis Putih di Laboratorium Ilmu Pangan Universitas Katolik Soegijapranata Semarang.

Demikian pemberitahuan kami, atas perhatian dan kerjasamanya kami ucapkan terima kasih.

Hormat kami,

Ka Balai Penelitian Mutu dan Keamanan Pangan

Dr. Probo Y Nugrahedi, STP, MSc

Lampiran 4 . Perhitungan Rendemen Ekstrak Kubis Putih

$$\text{Rendemen} = \frac{\text{Berat ekstrak kental}}{\text{Berat kubis putih}} \times 100\%$$

Keterangan :

Berat kubis putih : 100 gram

Perlakuan	Hari	Berat Ekstrak (g)	Rendemen (%)
Kontrol	0	6,12	6,12
Suhu Dingin (0-5°C)	3	4,20	4,20
	6	3,78	3,78
	9	4,65	4,65
Suhu sejuk (5-15°C)	3	4,25	4,25
	6	2,77	2,77
	9	4,50	4,50
Suhu Kamar (15-30°C)	3	4,20	4,20
	6	3,90	3,90
	9	7,38	7,38



Lampiran 5. Perhitungan Identifikasi Flavonoid dengan KLT

1. Perhitungan Fase Gerak

Fase Gerak = Butanol : Asam Asetat : Aquadest (7:1:2)

Volume chamber = 40 mL

$$\text{Butanol} = \frac{7 \text{ mL}}{10 \text{ mL}} \times 40 \text{ mL} = 28 \text{ mL}$$

$$\text{Asam asetat} = \frac{1 \text{ mL}}{10 \text{ mL}} \times 40 \text{ mL} = 4 \text{ mL}$$

$$\text{Aquadest} = \frac{2 \text{ mL}}{10 \text{ mL}} \times 40 \text{ mL} = 8 \text{ mL}$$

2. Perhitungan Rf

$$R_f = \frac{\text{Jarak yang ditempuh senyawa terlarut}}{\text{jarak yang ditempuh pelarut}}$$

$$R_f \text{ Rutin} = \frac{4,5}{8} = 0,56$$

$$R_f \text{ sampel} = \frac{4,8}{8} = 0,6$$

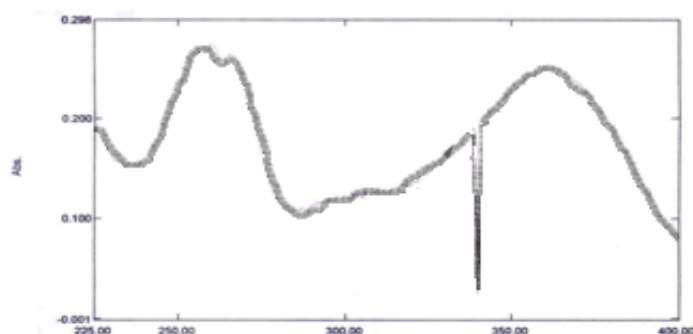
Lampiran 6. Hasil Penentuan Panjang Gelombang Maksimal Rutin

1. Perhitungan Larutan Stok

50 mg Rutin ad 10 mL = 5 mg/mL, diambil 2 mL → 10 mg ad 100 mL = 100

mcg/mL = 100 ppm

2. Penentuan Panjang Gelombang Maksimal



No.	P/V	Wavelength	Abs.	Description	No.	P/V	Wavelength	Abs.	Description
1	●	372.80	0.225		25	●	292.10	0.116	
2	●	366.50	0.245		26	●	290.50	0.114	
3	●	364.70	0.248		27	●	287.30	0.110	
4	●	362.70	0.251		28	●	285.70	0.264	
5	●	359.70	0.249		29	●	280.10	0.273	
6	●	357.70	0.247		30	●	255.10	0.266	
7	●	355.30	0.244		31	●	242.60	0.174	
8	●	350.30	0.234		32	●	372.30	0.225	
9	●	338.60	0.189		33	●	364.20	0.247	
10	●	337.90	0.190		34	●	361.30	0.248	
11	●	336.70	0.185		35	●	358.10	0.247	
12	●	329.70	0.162		36	●	355.90	0.242	
13	●	323.70	0.145		37	●	352.70	0.236	
14	●	320.90	0.137		38	●	350.80	0.233	
15	●	320.10	0.134		39	●	348.50	0.223	
16	●	317.70	0.135		40	●	339.70	0.024	
17	●	314.20	0.129		41	●	338.40	0.188	
18	●	311.10	0.128		42	●	336.90	0.184	
19	●	305.90	0.127		43	●	335.80	0.180	
20	●	304.60	0.124		44	●	329.10	0.157	
21	●	303.10	0.125		45	●	321.40	0.136	
22	●	299.80	0.122		46	●	319.10	0.130	
23	●	297.90	0.121		47	●	309.80	0.124	
24	●	294.10	0.118		48	●	307.30	0.124	

Panjang gelombang (λ) maksimal rutin = 260,1 nm

Lampiran 7.Perhitungan Seri Konsentrasi Kurva Baku Rutin

$$25 \mu\text{L rutin } 5 \text{ mg/mL} \rightarrow \frac{0,025 \text{ mL}}{1 \text{ mL}} \times 5 \text{ mg} = 0,125 \text{ mg ad } 25 \text{ mL}$$

$$\rightarrow 125 \text{ mcg}/25 \text{ mL} = 5 \text{ mcg/mL} = 5 \text{ ppm}$$

$$50 \mu\text{L rutin } 5 \text{ mg/mL} \rightarrow \frac{0,050 \text{ mL}}{1 \text{ mL}} \times 5 \text{ mg} = 0,250 \text{ mg ad } 25 \text{ mL}$$

$$\rightarrow 250 \text{ mcg}/25 \text{ mL} = 10 \text{ mcg/mL} = 10 \text{ ppm}$$

$$75 \mu\text{L rutin } 5 \text{ mg/mL} \rightarrow \frac{0,075 \text{ mL}}{1 \text{ mL}} \times 5 \text{ mg} = 0,375 \text{ mg ad } 25 \text{ mL}$$

$$\rightarrow 375 \text{ mcg}/25 \text{ mL} = 15 \text{ mcg/mL} = 15 \text{ ppm}$$

$$100 \mu\text{L rutin } 5 \text{ mg/mL} \rightarrow \frac{0,100 \text{ mL}}{1 \text{ mL}} \times 5 \text{ mg} = 0,500 \text{ mg ad } 25 \text{ mL}$$

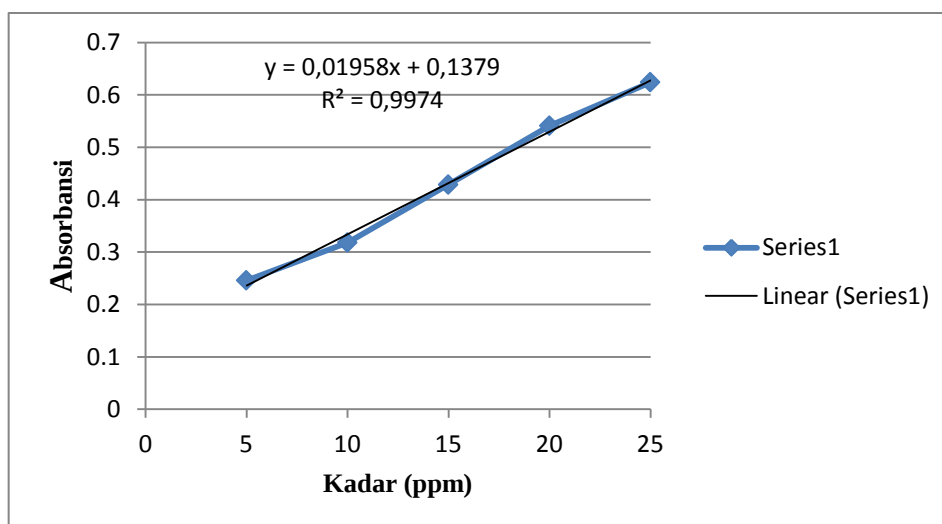
$$\rightarrow 500 \text{ mcg}/25 \text{ mL} = 20 \text{ mcg/mL} = 20 \text{ ppm}$$

$$125 \mu\text{L rutin } 5 \text{ mg/mL} \rightarrow \frac{0,125 \text{ mL}}{1 \text{ mL}} \times 5 \text{ mg} = 0,625 \text{ mg ad } 25 \text{ mL}$$

$$\rightarrow 625 \text{ mcg}/25 \text{ mL} = 25 \text{ mcg/mL} = 25 \text{ ppm}$$

Lampiran 8. Hasil Absorbansi dan Perhitungan Persamaan Kurva Baku Rutin

Kadar (ppm)	Absorbansi (λ 260,1 nm)
5	0.246
10	0.318
15	0.429
20	0.541
25	0.624



Regresi Linier Persamaan Kurva Baku

$$a = 0,1379$$

$$b = 0,0196$$

$$R = 0,9974$$

$$Y = bX + a$$

$$Y = 0,01958X + 0,1379$$

Lampiran 9.Hasil Absorbansi dan Perhitungan Kadar Flavonoid Kubis Putih

$$\text{Kadar Flavonoid(X)} = \frac{Y-a}{b} \times \text{FP}$$

$$= \frac{Y-0,1379}{0,01958} \times \text{FP}$$

$$\text{Kadar favonoid (X)} = \frac{0,614-0,1379}{0,01958} \times 5$$

$$= 121,58 \text{ ppm}$$

Lama	Suhu	Absorbansi	Kadar Flavonoid (ppm)	Kadar Rata-rata Flavonoid (ppm)
0 Hari	Kamar (15-30°C)	0.614	121.58	121.24 ± 0.39
		0.613	121.32	
		0.611	120.81	
3 Hari	Dingin (0-5°C)	0.462	82.76	83.19 ± 0.39
		0.464	83.27	
		0.465	83.53	
	Sejuk (5-15°C)	0.586	114.48	114.17 ± 0.26
		0.585	114.17	
		0.584	113.92	
	Kamar (15-30°C)	0.427	73.83	73.91 ± 0.15
		0.427	73.83	
		0.428	74.08	
6 Hari	Dingin (0-5°C)	0.423	72.80	73.91 ± 0.97
		0.429	74.34	
		0.430	74.59	
	Sejuk (5-15°C)	0.551	105.49	105.24 ± 0.26
		0.549	104.98	
		0.550	105.24	
	Kamar (15-30°C)	0.352	54.67	55.01 ± 0.82
		0.357	55.95	
		0.351	54.42	
9 Hari	Dingin (0-5°C)	0.290	38.84	39.78 ± 0.90
		0.294	39.86	
		0.297	40.63	
	Sejuk (5-15°C)	0.335	50.33	50.84 ± 0.51
		0.337	50.84	
		0.339	51.35	
	Kamar (15-30°C)	0.430	29.84	30.11 ± 0.26
		0.433	30.14	
		0.435	30.35	

Lampiran 10. Hasil Analisis Statistik Pengaruh Suhu dan Lama Penyimpanan terhadap Kadar Flavonoid

1. UJI HOMOGENITAS

Test of Homogeneity of Variances

kadar			
Levene Statistic	df1	df2	Sig.
2.189	9	20	.069

Signifikansi lebih dari 0,05 → data homogen

2. UJI NORMALITAS

Tests of Normality

		Kolmogorov-Smirnov ^a			Shapiro-Wilk		
		Statistic	df	Sig.	Statistic	df	Sig.
perlakuan kubis putih	kadar kontrol	.176	3	.	1.000	3	.983
	3 hari suhu dingin	.253	3	.	.964	3	.637
	3 hari suhu sejuk	.175	3	.	1.000	3	.998
	3 hari suhu kamar	.253	3	.	.964	3	.637
	6 hari suhu dingin	.337	3	.	.855	3	.253
	6 hari suhu sejuk	.175	3	.	1.000	3	1.000
	6 hari suhu kamar	.328	3	.	.871	3	.298
	9 hari suhu dingin	.292	3	.	.923	3	.463
	9 hari suhu sejuk	.175	3	.	1.000	3	1.000
	9 hari suhu kamar	.219	3	.	.987	3	.781

a. Lilliefors Significance Correction

Signifikansi lebih dari 0,05 → data normal

3. UJI ANOVA 2 JALAN

Tests of Between-Subjects Effects

Dependent Variable: kadar					
Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	26706.687 ^a	9	2967.410	9.155E3	.000
Intercept	171638.662	1	171638.662	5.295E5	.000
suhu	6411.998	2	3205.999	9.891E3	.000
lama_penyimpanan	12281.059	2	6140.529	1.894E4	.000
suhu * lama_penyimpanan	778.385	4	194.596	600.367	.000
Error	6.483	20	.324		
Total	194254.647	30			
Corrected Total	26713.169	29			

a. R Squared = 1,000 (Adjusted R Squared = 1,000)

Signifikansi < 0,05 → terdapat perbedaan yang signifikan

Lampiran 11. Hasil Analisis Statistik Kadar Flavonoid berdasarkan Suhu Penyimpanan

a. Dingin

Test of Homogeneity of Variances

kadar			
Levene Statistic	df1	df2	Sig.
2.218	3	8	.164

Post Hoc

Multiple Comparisons

kadar						
Tukey HSD						
(I) suhu dingin	(J) suhu dingin	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	38.131767 [*]	.5712783	.000	36.302332	39.961201
	6 hari	47.409900 [*]	.5712783	.000	45.580466	49.239334
	9 hari	81.543367 [*]	.5712783	.000	79.713932	83.372801
3 hari	kontrol	-38.131767 [*]	.5712783	.000	-39.961201	-36.302332
	6 hari	9.278133 [*]	.5712783	.000	7.448699	11.107568
	9 hari	43.411600 [*]	.5712783	.000	41.582166	45.241034
6 hari	kontrol	-47.409900 [*]	.5712783	.000	-49.239334	-45.580466
	3 hari	-9.278133 [*]	.5712783	.000	-11.107568	-7.448699
	9 hari	34.133467 [*]	.5712783	.000	32.304032	35.962901
9 hari	kontrol	-81.543367 [*]	.5712783	.000	-83.372801	-79.713932
	3 hari	-43.411600 [*]	.5712783	.000	-45.241034	-41.582166
	6 hari	-34.133467 [*]	.5712783	.000	-35.962901	-32.304032

*. The mean difference is significant at the .05 level.

Lampiran 11.Lanjutan...

b. Sejuk

Test of Homogeneity of Variances

kadar			
Levene Statistic	df1	df2	Sig.
.564	3	8	.654

Post Hoc

Multiple Comparisons

kadar Tukey HSD						
(I) suhu sejuk	(J) suhu sejuk	Mean Difference (I- J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	7.147700 [*]	.2763548	.000	6.262715	8.032685
	6 hari	16.085367 [*]	.2763548	.000	15.200381	16.970352
	9 hari	70.477667 [*]	.2763548	.000	69.592681	71.362652
3 hari	kontrol	-7.147700 [*]	.2763548	.000	-8.032685	-6.262715
	6 hari	8.937667 [*]	.2763548	.000	8.052681	9.822652
	9 hari	63.329967 [*]	.2763548	.000	62.444981	64.214952
6 hari	kontrol	-16.085367 [*]	.2763548	.000	-16.970352	-15.200381
	3 hari	-8.937667 [*]	.2763548	.000	-9.822652	-8.052681
	9 hari	54.392300 [*]	.2763548	.000	53.507315	55.277285
9 hari	kontrol	-70.477667 [*]	.2763548	.000	-71.362652	-69.592681
	3 hari	-63.329967 [*]	.2763548	.000	-64.214952	-62.444981
	6 hari	-54.392300 [*]	.2763548	.000	-55.277285	-53.507315

*. The mean difference is significant at the .05 level.

Lampiran 11.Lanjutan...

c. Kamar

Test of Homogeneity of Variances

kadar

Levene Statistic	df1	df2	Sig.
3.375	3	8	.075

Post Hoc

Multiple Comparisons

kadar
Tukey HSD

(I) kamar	(J) kamar	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	47.580163 [*]	.3998180	.000	46.299805	48.860521
	6 hari	66.306767 [*]	.3998180	.000	65.026409	67.587125
	9 hari	91.211400 [*]	.3998180	.000	89.931042	92.491758
3 hari	kontrol	-47.580163 [*]	.3998180	.000	-48.860521	-46.299805
	6 hari	18.726603 [*]	.3998180	.000	17.446245	20.006961
	9 hari	43.631237 [*]	.3998180	.000	42.350879	44.911595
6 hari	kontrol	-66.306767 [*]	.3998180	.000	-67.587125	-65.026409
	3 hari	-18.726603 [*]	.3998180	.000	-20.006961	-17.446245
	9 hari	24.904633 [*]	.3998180	.000	23.624275	26.184991
9 hari	kontrol	-91.211400 [*]	.3998180	.000	-92.491758	-89.931042
	3 hari	-43.631237 [*]	.3998180	.000	-44.911595	-42.350879
	6 hari	-24.904633 [*]	.3998180	.000	-26.184991	-23.624275

*. The mean difference is significant at the .05 level.

Lampiran 12. Hasil Analisis Statistik Kadar Flavonoid berdasarkan Lama Penyimpanan

a. 3 hari

Test of Homogeneity of Variances

kadar

Levene Statistic	df1	df2	Sig.
.469	3	8	.712

Pos Hoc

Multiple Comparisons

kadar

Tukey HSD

(I) 3 hari	(J) 3 hari	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	suhu dingin	38.131767 [*]	.2697857	.000	37.267818	38.995715
	suhu sejuk	7.147700 [*]	.2697857	.000	6.283751	8.011649
	suhu kamar	47.580163 [*]	.2697857	.000	46.716215	48.444112
suhu dingin	kontrol	-38.131767 [*]	.2697857	.000	-38.995715	-37.267818
	suhu sejuk	-30.984067 [*]	.2697857	.000	-31.848015	-30.120118
	suhu kamar	9.448397 [*]	.2697857	.000	8.584448	10.312345
suhu sejuk	kontrol	-7.147700 [*]	.2697857	.000	-8.011649	-6.283751
	suhu dingin	30.984067 [*]	.2697857	.000	30.120118	31.848015
	suhu kamar	40.432463 [*]	.2697857	.000	39.568515	41.296412
suhu kamar	kontrol	-47.580163 [*]	.2697857	.000	-48.444112	-46.716215
	suhu dingin	-9.448397 [*]	.2697857	.000	-10.312345	-8.584448
	suhu sejuk	-40.432463 [*]	.2697857	.000	-41.296412	-39.568515

*. The mean difference is significant at the .05 level.

Lampiran 12. Lanjutan...

b. 6 hari

Test of Homogeneity of Variances

kadar

Levene Statistic	df1	df2	Sig.
4.230	3	8	.457

Post Hoc

Multiple Comparisons

kadar
Tukey HSD

		Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
(I) 6 hari	(J) 6 hari				Lower Bound	Upper Bound
kontrol	suhu dingin	47.409900 ^a	.5386073	.000	45.685090	49.134710
	suhu sejuk	16.085367 ^a	.5386073	.000	14.360557	17.810177
	suhu kamar	66.306767 ^a	.5386073	.000	64.581957	68.031577
suhu dingin	kontrol	-47.409900 ^a	.5386073	.000	-49.134710	-45.685090
	suhu sejuk	-31.324533 ^a	.5386073	.000	-33.049343	-29.599723
	suhu kamar	18.896867 ^a	.5386073	.000	17.172057	20.621677
suhu sejuk	kontrol	-16.085367 ^a	.5386073	.000	-17.810177	-14.360557
	suhu dingin	31.324533 ^a	.5386073	.000	29.599723	33.049343
	suhu kamar	50.221400 ^a	.5386073	.000	48.496590	51.946210
suhu kamar	kontrol	-66.306767 ^a	.5386073	.000	-68.031577	-64.581957
	suhu dingin	-18.896867 ^a	.5386073	.000	-20.621677	-17.172057
	suhu sejuk	-50.221400 ^a	.5386073	.000	-51.946210	-48.496590

*. The mean difference is significant at the .05 level.

Lampiran12. Lanjutan...

c. 9 hari

Test of Homogeneity of Variances

kadar

Levene Statistic	df1	df2	Sig.
1.543	3	8	.277

Post Hoc

Multiple Comparisons

kadar
Tukey HSD

(I) 9 hari	(J) 9 hari	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	suhu dingin	81.543367 [*]	.4468817	.000	80.112294	82.974439
	suhu sejuk	70.477667 [*]	.4468817	.000	69.046594	71.908739
	suhu kamar	91.211400 [*]	.4468817	.000	89.780328	92.642472
suhu dingin	kontrol	-81.543367 [*]	.4468817	.000	-82.974439	-80.112294
	suhu sejuk	-11.065700 [*]	.4468817	.000	-12.496772	-9.634628
	suhu kamar	9.668033 [*]	.4468817	.000	8.236961	11.099106
suhu sejuk	kontrol	-70.477667 [*]	.4468817	.000	-71.908739	-69.046594
	suhu dingin	11.065700 [*]	.4468817	.000	9.634628	12.496772
	suhu kamar	20.733733 [*]	.4468817	.000	19.302661	22.164806
suhu kamar	kontrol	-91.211400 [*]	.4468817	.000	-92.642472	-89.780328
	suhu dingin	-9.668033 [*]	.4468817	.000	-11.099106	-8.236961
	suhu sejuk	-20.733733 [*]	.4468817	.000	-22.164806	-19.302661

*. The mean difference is significant at the .05 level.



Lampiran 13. Hasil Perhitungan Panjang Gelombang Maksimal DPPH

1. Perhitungan Stok DPPH

Molaritas DPPH yang dibutuhkan $0,4 \text{ mM} = 4 \times 10^{-4} \text{ M}$

MR DPPH = $394,32 \text{ g/mol}$

Volume larutan = $100 \text{ mL} = 0,1 \text{ L}$

$$\text{Penimbangan DPPH} \Rightarrow \text{Molaritas} = \frac{\text{gram}}{\text{MR}} \times \frac{1000}{\text{volume}}$$

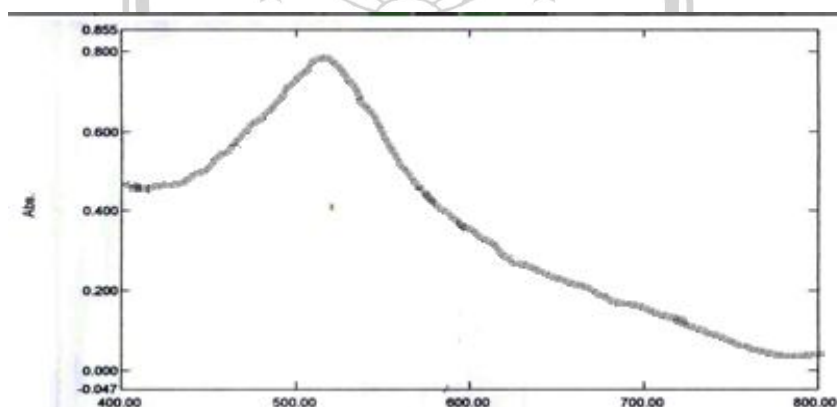
$$4 \times 10^{-4} \text{ M} = \frac{\text{gram}}{394,32} \times \frac{1000}{100}$$

$$4 \times 10^{-4} \text{ M} = \frac{\text{gram}}{394,32} \times 10$$

$$\text{gram} = \frac{394,32 \times (4 \times 10^{-4}) \text{ M}}{10} = 15,773 \times 10^{-3} \text{ gram}$$

$$= 15,773 \text{ mg}$$

2. Panjang Gelombang Maksimal DPPH



No.	P/V	Wavelength	Abs.	Description
1	●	518.50	0.779	
2	●	429.00	0.466	
3	●	417.50	0.461	
4	●	787.50	0.034	
5	●	430.00	0.465	
6	●	419.50	0.460	
7	●	415.50	0.457	

Lampiran 14. Hasil Absorbansi dan Perhitungan Aktivitas Antioksidan Kubis Putih

$$\% \text{ aktivitas antioksidan} = \frac{\text{absorbansi kontrol} - \text{absorbansi sampel}}{\text{absorbansi kontrol}} \times 100\%$$

Keterangan :

Absorbansi kontrol : Serapan radikal DPPH 0.4 mM pada panjang gelombang 518,5 nm => 0.970

Absorbansi sampel : Serapan radikal DPPH 0.4 mM dalam kubis putih pada panjang gelombang 518,5 nm

$$\begin{aligned} \% \text{ Aktivitas antioksidan} &= \frac{0,970 - 0,672}{0,970} \times 100\% \\ &= 30,72 \% \end{aligned}$$

Lama	Suhu	absorbansi	Aktivitas Antioksidan (%)	Rata-rata Aktivitas Antioksidan ± SD (%)
0 hari	Kamar (15-30°C)	0.672	30.72	30.52 ± 0.21
		0.676	30.31	
		0.674	30.52	
3 hari	Dingin (0-5°C)	0.703	27.53	27.94 ± 0.37
		0.698	28.04	
		0.696	28.25	
	Sejuk (5-15°C)	0.690	28.87	29.21 ± 0.51
		0.689	28.97	
		0.681	29.79	
	Kamar (15-30°C))	0.709	26.91	26.49 ± 0.37
		0.714	26.39	
		0.716	26.19	
6 Hari	Dingin (0-5°C)	0.726	25.15	26.39 ± 1.09
		0.710	26.80	
		0.706	27.22	
	Sejuk (5-15°C)	0.707	27.11	27.49 ± 0.42
		0.704	27.42	
		0.699	27.94	
	Kamar (15-30°C)	0.731	24.64	25.05 ± 0.37
		0.726	25.15	
		0.724	25.36	
9 hari	Dingin (0-5°C)	0.731	24.64	25.33 ± 0,63
		0.723	25.46	
		0.719	25.88	
	Sejuk (5-15°C)	0.714	26.39	26.70 ± 0.31
		0.711	26.70	
		0.708	27.01	
	Kamar (15-30°C)	0.748	22.89	23.61 ± 0.68
		0.740	23.71	
		0.735	24.23	

Lampiran 15.Hasil Analisis Statistik Pengaruh Suhu dan Lama Penyimpanan terhadap Aktivitas Antioksidan Kubis Putih

1. UJI HOMOGENITAS

Test of Homogeneity of Variances

persen_inhibisi

Levene Statistic	df1	df2	Sig.
2.189	9	20	.069

Signifikansi lebih dari 0,05 data homogen

2. UJI NORMALITAS

Tests of Normality

perlakuan		Kolmogorov-Smirnov ^a			Shapiro-Wilk		
		Statistic	df	Sig.	Statistic	df	Sig.
persen_inhibisi	KP 0	.176	3	.	1.000	3	.975
	KP 3 SD	.276	3	.	.942	3	.537
	KP 3 SJ	.349	3	.	.832	3	.194
	KP 3 SK	.175	3	.	1.000	3	1.000
	KP 6 SD	.314	3	.	.893	3	.363
	KP 6 SJ	.232	3	.	.980	3	.726
	KP 6 SK	.175	3	.	1.000	3	1.000
	KP 9 SD	.253	3	.	.964	3	.637
	KP 9 SJ	.175	3	.	1.000	3	1.000
	KP 9 SK	.227	3	.	.983	3	.747

a. Lilliefors Significance Correction

Signifikansi lebih dari 0,05 data normal

3. UJI ANOVA 2 JALAN

Tests of Between-Subjects Effects

Dependent Variable: persen_inhibisi

Source	Type III Sum of Squares	df	Mean Square	F	Sig.
Corrected Model	110.985 ^a	9	12.332	41.915	.000
Intercept	19883.169	1	19883.169	6.758E4	.000
suhu	32.386	2	16.193	55.040	.000
lama_penyimpanan	34.106	2	17.053	57.962	.000
suhu * lama_penyimpanan	32.988	4	18.247	58.031	.000
Error	5.884	20	.294		
Total	21780.882	30			
Corrected Total	116.869	29			

a. R Squared = ,950 (Adjusted R Squared = ,927)

Signifikansi <0,05 terdapat perbedaan yang signifikan

Lampiran 15.Lanjutan...

4. POST HOC

Multiple Comparisons

persen_inhibisi
Tukey HSD

(I) suhu penyimpanan	(J) suhu penyimpanan	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	suhu dingin	2.631600 ^a	.3616045	.000	1.619492	3.643708
	suhu sejuk	4.200911 ^a	.3616045	.000	3.188803	5.213019
	suhu kamar	5.300556 ^a	.3616045	.000	4.288448	6.312664
suhu dingin	kontrol	-2.631600 ^a	.3616045	.000	-3.643708	-1.619492
	suhu sejuk	1.569311 ^a	.2556930	.000	.853643	2.284980
	suhu kamar	2.668956 ^a	.2556930	.000	1.953287	3.384624
suhu sejuk	kontrol	-4.200911 ^a	.3616045	.000	-5.213019	-3.188803
	suhu dingin	-1.569311 ^a	.2556930	.000	-2.284980	-.853643
	suhu kamar	1.099644 ^a	.2556930	.002	.383976	1.815313
suhu kamar	kontrol	-5.300556 ^a	.3616045	.000	-6.312664	-4.288448
	suhu dingin	-2.668956 ^a	.2556930	.000	-3.384624	-1.953287
	suhu sejuk	-1.099644 ^a	.2556930	.002	-1.815313	-.383976

Based on observed means.
The error term is Mean Square(Error) = ,294.

*. The mean difference is significant at the ,05 level.

Multiple Comparisons

persen_inhibisi
Tukey HSD

(I) lama penyimpanan	(J) lama penyimpanan	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
KONTROL	3HARI	3.960356 ^a	.3616045	.000	2.948248	4.972464
	6HARI	2.711778 ^a	.3616045	.000	1.699670	3.723886
	9HARI	5.460933 ^a	.3616045	.000	4.448825	6.473041
3HARI	KONTROL	-3.960356 ^a	.3616045	.000	-4.972464	-2.948248
	6HARI	-1.248578 ^a	.2556930	.000	-1.964246	-.532909
	9HARI	1.500578 ^a	.2556930	.000	.784909	2.216246
6HARI	KONTROL	-2.711778 ^a	.3616045	.000	-3.723886	-1.699670
	3HARI	1.248578 ^a	.2556930	.000	.532909	1.964246
	9HARI	2.749156 ^a	.2556930	.000	2.033487	3.464824
9HARI	KONTROL	-5.460933 ^a	.3616045	.000	-6.473041	-4.448825
	3HARI	-1.500578 ^a	.2556930	.000	-2.216246	-.784909
	6HARI	-2.749156 ^a	.2556930	.000	-3.464824	-2.033487

Based on observed means.
The error term is Mean Square(Error) = ,294.

*. The mean difference is significant at the ,05 level.

Terdapat perbedaan yang signifikan dari tiap kelompok perlakuan

Lampiran 16.Hasil Analisis Statistik Aktivitas Antioksidan berdasarkan Suhu Penyimpanan

a. Dingin

Test of Homogeneity of Variances

inhibisi

Levene Statistic	df1	df2	Sig.
3.688	3	8	.062

Post Hoc

Multiple Comparisons

inhibisi
Tukey HSD

(I) suhu dingin	(J) suhu dingin	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	2.574333 [*]	.5425213	.006	.836989	4.311677
	6 hari	4.120733 [*]	.5425213	.000	2.383389	5.858077
	9 hari	5.186000 [*]	.5425213	.000	3.448656	6.923344
3 hari	kontrol	-2.574333 [*]	.5425213	.006	-4.311677	-.836989
	6 hari	1.546400	.5425213	.082	-.190944	3.283744
	9 hari	2.611667 [*]	.5425213	.006	.874323	4.349011
6 hari	kontrol	-4.120733 [*]	.5425213	.000	-5.858077	-2.383389
	3 hari	-1.546400	.5425213	.082	-3.283744	.190944
	9 hari	1.065267	.5425213	.277	-.672077	2.802611
9 hari	kontrol	-5.186000 [*]	.5425213	.000	-6.923344	-3.448656
	3 hari	-2.611667 [*]	.5425213	.006	-4.349011	-.874323
	6 hari	-1.065267	.5425213	.277	-2.802611	.672077

*. The mean difference is significant at the .05 level.

Lampiran 16.Lanjutan...

b. Sejuk

Test of Homogeneity of Variances

inhibisi

Levene Statistic	df1	df2	Sig.
1.254	3	8	.353

Post Hoc

Multiple Comparisons

inhibisi
Tukey HSD

(I) suhu sejuk	(J) suhu sejuk	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	1.302833 [*]	.3078075	.012	.317125	2.288541
	6 hari	3.021067 [*]	.3078075	.000	2.035359	4.006775
	9 hari	3.811433 [*]	.3078075	.000	2.825725	4.797141
3 hari	kontrol	-1.302833 [*]	.3078075	.012	-2.288541	-.317125
	6 hari	1.718233 [*]	.3078075	.002	.732525	2.703941
	9 hari	2.508600 [*]	.3078075	.000	1.522892	3.494308
6 hari	kontrol	-3.021067 [*]	.3078075	.000	-4.006775	-2.035359
	3 hari	-1.718233 [*]	.3078075	.002	-2.703941	-.732525
	9 hari	.790367	.3078075	.122	-.195341	1.776075
9 hari	kontrol	-3.811433 [*]	.3078075	.000	-4.797141	-2.825725
	3 hari	-2.508600 [*]	.3078075	.000	-3.494308	-1.522892
	6 hari	-.790367	.3078075	.122	-1.776075	.195341

*. The mean difference is significant at the .05 level.

Lampiran 16.Lanjutan...

c. Suhu kamar

Test of Homogeneity of Variances

inhibisi			
Levene Statistic	df1	df2	Sig.
1.410	3	8	.309

Post Hoc

Multiple Comparisons

inhibisi Tukey HSD						
(I) suhu kamar	(J) suhu kamar	Mean Difference (I- J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	3 hari	4.017600 [*]	.3591560	.000	2.867456	5.167744
	6 hari	5.460933 [*]	.3591560	.000	4.310789	6.611077
	9 hari	6.904233 [*]	.3591560	.000	5.754089	8.054377
3 hari	kontrol	-4.017600 [*]	.3591560	.000	-5.167744	-2.867456
	6 hari	1.443333 [*]	.3591560	.016	.293189	2.593477
	9 hari	2.886633 [*]	.3591560	.000	1.736489	4.036777
6 hari	kontrol	-5.460933 [*]	.3591560	.000	-6.611077	-4.310789
	3 hari	-1.443333 [*]	.3591560	.016	-2.593477	-.293189
	9 hari	1.443300 [*]	.3591560	.016	.293156	2.593444
9 hari	kontrol	-6.904233 [*]	.3591560	.000	-8.054377	-5.754089
	3 hari	-2.886633 [*]	.3591560	.000	-4.036777	-1.736489
	6 hari	-1.443300 [*]	.3591560	.016	-2.593444	-.293156

*. The mean difference is significant at the .05 level.

Lampiran 17. Hasil Analisis Statistik Aktivitas Antioksidan berdasarkan LamaPenyimpanan

a. 3 hari

Test of Homogeneity of Variances

inhibisi

Levene Statistic	df1	df2	Sig.
1.382	3	8	.317

Post Hoc

Multiple Comparisons

inhibisi

Tukey HSD

		Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
(I) 3 hari	(J) 3 hari				Lower Bound	Upper Bound
kontrol	suhu dingin	2.574333 [*]	.3097183	.000	1.582506	3.566160
	suhu sejuk	1.302833 [*]	.3097183	.013	.311006	2.294660
	suhu kamar	4.017600 [*]	.3097183	.000	3.025773	5.009427
suhu dingin	kontrol	-2.574333 [*]	.3097183	.000	-3.566160	-1.582506
	suhu sejuk	-1.271500 [*]	.3097183	.014	-2.263327	-.279673
	suhu kamar	1.443267 [*]	.3097183	.007	.451440	2.435094
suhu sejuk	kontrol	-1.302833 [*]	.3097183	.013	-2.294660	-.311006
	suhu dingin	1.271500 [*]	.3097183	.014	.279673	2.263327
	suhu kamar	2.714767 [*]	.3097183	.000	1.722940	3.706594
suhu kamar	kontrol	-4.017600 [*]	.3097183	.000	-5.009427	-3.025773
	suhu dingin	-1.443267 [*]	.3097183	.007	-2.435094	-.451440
	suhu sejuk	-2.714767 [*]	.3097183	.000	-3.706594	-1.722940

*. The mean difference is significant at the .05 level.

Lampiran 17. Lanjutan...

b. 6 hari

Test of Homogeneity of Variances

inhibisi

Levene Statistic	df1	df2	Sig.
4.432	3	8	.057

Post Hoc

Multiple Comparisons

inhibisi
Tukey HSD

		Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
(I) 6 hari	(J) 6 hari				Lower Bound	Upper Bound
kontrol	suhu dingin	4.120733 [*]	.5070796	.000	2.496886	5.744581
	suhu sejuk	3.021067 [*]	.5070796	.002	1.397219	4.644914
	suhu kamar	5.460933 [*]	.5070796	.000	3.837086	7.084781
suhu dingin	kontrol	-4.120733 [*]	.5070796	.000	-5.744581	-2.496886
	suhu sejuk	-1.099667	.5070796	.211	-2.723514	.524181
	suhu kamar	1.340200	.5070796	.110	-.283647	2.964047
suhu sejuk	kontrol	-3.021067 [*]	.5070796	.002	-4.644914	-1.397219
	suhu dingin	1.099667	.5070796	.211	-.524181	2.723514
	suhu kamar	2.439867 [*]	.5070796	.006	.816019	4.063714
suhu kamar	kontrol	-5.460933 [*]	.5070796	.000	-7.084781	-3.837086
	suhu dingin	-1.340200	.5070796	.110	-2.964047	.283647
	suhu sejuk	-2.439867 [*]	.5070796	.006	-4.063714	-.816019

*. The mean difference is significant at the .05 level.

Lampiran 17.Lanjutan...

c. 9 hari

Test of Homogeneity of Variances

inhibisi

Levene Statistic	df1	df2	Sig.
1.555	3	8	.274

Post Hoc

Multiple Comparisons

inhibisi

Tukey HSD

(I) 9 hari	(J) 9 hari	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	suhu dingin	5.186000 [*]	.4062176	.000	3.885148	6.486852
	suhu sejuk	3.811433 [*]	.4062176	.000	2.510582	5.112285
	suhu kamar	6.904233 [*]	.4062176	.000	5.603382	8.205085
suhu dingin	kontrol	-5.186000 [*]	.4062176	.000	-6.486852	-3.885148
	suhu sejuk	-1.374567 [*]	.4062176	.039	-2.675418	-.073715
	suhu kamar	1.718233 [*]	.4062176	.012	.417382	3.019085
suhu sejuk	kontrol	-3.811433 [*]	.4062176	.000	-5.112285	-2.510582
	suhu dingin	1.374567 [*]	.4062176	.039	.073715	2.675418
	suhu kamar	3.092800 [*]	.4062176	.000	1.791948	4.393652
suhu kamar	kontrol	-6.904233 [*]	.4062176	.000	-8.205085	-5.603382
	suhu dingin	-1.718233 [*]	.4062176	.012	-3.019085	-.417382
	suhu sejuk	-3.092800 [*]	.4062176	.000	-4.393652	-1.791948

*. The mean difference is significant at the .05 level.